**The Video CHOICE Act has five key provisions:**

1. **Preventing Broadcast Television Blackouts**  
   Gives the FCC explicit statutory authority to grant interim carriage of a television broadcast station during a retransmission consent negotiation impasse.
2. **Ensuring Consumer Choice in Cable Programming**  
   Ensures that a consumer can purchase cable television service without subscribing to the broadcast stations electing retransmission consent.
3. **Wholesale Unbundling of Broadcast Stations in Retransmission Consent Negotiations**  
   Prohibits a television broadcast station engaged in a retransmission consent negotiation from making their owned or affiliated cable programming a condition for receiving broadcast programming.
4. **Examination into the Blocking of a Broadcast Station's Owned or Affiliated Online Content During Retransmission Consent Negotiations**  
   Instructs the FCC to examine whether the blocking of a television broadcast station's owned or affiliated online content during a retransmission consent negotiation constitutes a failure to negotiate in "good faith."
5. **FCC Study of Sports Programming Costs**  
   Calls for an FCC study of programming costs for regional and national sports networks in the top 20 regional sports markets.